



# New River Valley Senior Games April 24-29, 2022



- Billiards - 3-on-3 Basketball -
- Riflery - Softball Hit & Throw -
- Walk & Run - Corn Hole -
- Canasta - Bocce Ball - Golf -
- Swimming - Frisbee -
- Shot Put - Shuffleboard - Wii -
- Bowling - Croquet -
- Badminton - Discus -
- And More

Registration Deadline: April 1  
No Late Registration



The New River Valley Senior Games are being organized by the Town of Wytheville Parks and Recreation. With participants from Blacksburg, Christiansburg, Floyd, Giles, Pulaski, Montgomery County, and Radford, games are open to all residents 50 years of age and older. Through a multitude of athletic and social events, participants have the opportunity to display their athletic ability, exchange and share common ties and interests with other senior individuals. The emphasis is not so much on competition as it is the fellowship and socialization characteristic of Senior Games.

The NRV Senior Games prepare persons to participate in the Virginia Senior Games at the state level, giving them the opportunity to qualify for the National Games. The local games are conducted by the rules of the state games. One can participate in the Virginia Senior Games without participating locally.

**Registration:**

- To be eligible to enter any event, a participant must be 50 years of age or older, complete a registration form, sign a liability waiver, and submit the necessary registration fees by the registration deadline.
- A registration fee of \$10.00 will be charged for participation in one event, \$15.00 for participation in 2 events and \$20.00 for participation in 3 or more events. Additional fees will be added to select events as noted.
- NRV Senior Games strongly recommends that each participant consult his or her physician about participating in any physical activity program.
- All registered participants will receive a t-shirt (see registration form) and a participant packet at check in on April 25, 2022.
- No late registrations will be accepted.
- There must be a minimum of 6 participants for each event to make.
- There are no rain dates or refunds except for additional fees paid for cancelled activities due to rain.

**Competition level:** Age category is determined by participants age on Dec. 31, 2022. The standard competition level by age categories, for both men and women will be: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95+

**Time of Events:** All events will start promptly at the scheduled times. Late arrivals will be disqualified.

**Awards:** Awarded to the top three finalists in all events levels.

First: **Gold**

Second: **Silver**

Third: **Bronze**

**Wytheville Parks & Recreation**

Bailey Robertson - (276)223-3520  
Bailey.Robertson@wytheville.org

**Christiansburg Parks & Recreation**

Tammy Caldwell – (540)382-2349–ext. 2003  
tcaldwell@christiansburg.org  
Pam Peyton - (540)382-234–ext. 2004  
peyton@christiansburg.org



**Montgomery County Parks & Recreation**

Amanda Terry - (540) 382-6975–ext. 3  
terryak@montgomerycountyva.gov

**Radford Parks & Recreation**

Audrey Caldwell- (540)731-5517  
Audrey.Caldwell@radfordva.gov

## Sunday, April 24, 2022:

- 2:00p.m. Billiards:** Christiansburg Recreation Center. Competition will be a double elimination tournament in eight-ball.
- 2:00p.m. 3-on-3 Basketball:** Christiansburg Recreation Center. This Competition will be a double elimination tournament. Teams are Coed and can be a mixture of all ages divisions. Maximum of 6 players per team.

## Monday, April 25, 2022

- 8:00a.m. Check In:** All Monday morning events, and lunch will be held at Wytheville Parks and Recreation. **Pick up packets, T-shirts, etc.**
- 9:00a.m. Free Throws:** Each participant shall shoot 4 rounds of 5 free throws each equaling a total of 20 free throw attempts.
- 9:00a.m. Horse Basketball:** Participant will shoot and if shot is made the following player must make the same shot or receive a letter. Player not making shot will receive letter until eliminated. Play continues until one person is left.
- 9:00a.m. Riflery:** Competition is firing 5 BB shots in 5 minutes at a target at 5 meters.
- 10:30a.m. Frisbee:** Each participant will be given three competitive throws.
- 12:00p.m.** **Opening Ceremonies: Welcome**
- 12:30p.m. Catered Lunch:** This lunch is free for game participants. Must check box on registration form. **Cost of lunch for guest is \$15.00 per person.**
- 2:00p.m. Softball Hit/Throw:** Al Jennings Fields, Wytheville. Softball Hit– each competitor will have 1 practice hit and 3 competitive hits. Softball Throw– each competitor will have 1 practice throw and 3 competitive throws. The combined score in hitting and throwing events will determine the winners.
- 2:00p.m. Shot Put & Discus:** Al Jennings Fields, Wytheville. Each competitor will be given three competitive throws.



## Tuesday, April 26, 2022

- 9:00a.m. Shuffleboard:** Radford Parks and Recreation. Single matches for both Men & Women will consist of 12 frames. The winner will be the player who scores the highest number after the specified number of frames.
- 1:00p.m. Canasta:** Radford Parks and Recreation Department. Tournament will be played with no gender division and with four decks of cards. Three games will be played. Winner based on the highest score.
- 1:00p.m. Bowling:** NRV Super Bowl: Competition will be singles consisting of three games. Scratch tournament, with the highest score determining winner. \$5 extra fee

## Wednesday, April 27, 2022

- 9:00a.m. Pickleball:** Radford Parks & Recreation Center. Singles, Doubles and Mixed Doubles. Form of indoor tennis played with paddle and whiffle ball. Competition will be a single elimination tournament. Equipment provided.
- 11:00a.m. Walk and Run:** Radford High School Track, events will be 1/4 mile and 1 mile walk. The run will be a 50-yard sprint and a 1/2-mile run. Events start promptly at 11:00a.m., so come early and warm up.
- 1:00p.m. Mini Golf:** Cox's Putt Putt. Each tournament will be one 18-hole round with shotgun start. Play will start different holes. \$5 Extra Fee
- 1:00p.m. Captain's Choice:** Pete Dye River Course of Virginia Tech All rules of golf shall apply. Teams will play in the youngest player's age group of the four some. If you are a single, please register and you will be placed on a team if a spot is available. Arrive 1 hour prior to start time for practice/line up. Closest to the pin and longest drive-prizes will be awarded on selected holes. **Additional cost: \$45.00 per person includes green fee, range token and golf cart.**

## **Thursday, April 28, 2022**

- 9:00a.m. Bocce Ball:** Kiwanis Park. Single elimination tournament. Participants will have 30 seconds to release their ball. Games will have a 12-point or 15-minute time-limit.
- 9:00a.m. Horseshoes:** Kiwanis Park. Single elimination tournament.
- 11:30a.m. Lunch:** Kiwanis Park. Lunch will be provided at the shelter. Drinks provided.
- 12:30p.m. Corn Hole:** Kiwanis Park. Contestants take turns pitching their corn bags at the cornhole platform until a contestant reaches the score of 21 points. A corn bag in the hole scores 3 points, while one on the platform scores 1 point.
- 1:00p.m. Croquet:** Kiwanis Park. Single elimination tournament.

## **Friday, April 29, 2022**

- 8:00a.m. 5 K Walk:** Wytheville Community Center. Indoor Walking Track. 3.1 miles.
- 9:00a.m. Swimming:** Wytheville Community Center. 50-Yard Sprint, 50-yard back stroke, 50-yards breaststroke, 100-yard free style and 200-yard free style.
- 9:30a.m. Badminton:** Wytheville Community Center. Doubles and mixed doubles. Single elimination plays with consolation match. Each match will be decided on a best of 3 games played to 15 points. Must designate partners at time of registration.
- 1:00p.m. Sponge-Ball Tennis:** Wytheville Community Center. If you like regular tennis, you will enjoy this scaled down version of the game. Sponge-Ball Tennis incorporates a smaller court with sponge-balls that slow the game down. Bring your own tennis racquets.
- 1:00 p.m. Wii Bowling:** Wytheville Community Center. Winner based on highest score.

Return By April 1, 2022

Name: \_\_\_\_\_ Shirt Size: S:  M:  L:  XL:  2X:  3X:

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date Of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ As of December 31, 2022. Male:  Female:

Registration Fees: One Event \$10:  Two Events \$15:  Three Events \$20:

(All Checks are made payable to: Town of Wytheville) (Mail Payment to: Wytheville Parks and Recreation at 333 Community Blvd. Wytheville, VA 24382)

**Please check each event box you are participating in!**

Walk: 1/2 Mile :  1 Mile:  Run: 50yd. Sprint:  1/4 Mile:

Swimming: 50yd. Sprint:  50yd Sprint Backstroke:  50yd. Sprint Breaststroke:   
100yd. Free Style:  200yd. Free Style:

Pickleball Single

Pickleball Doubles: Partner's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Pickleball Mixed: Partner's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Badminton Single

Badminton Doubles: Partner's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Badminton Mixed Doubles: Partner's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Corn Hole: Partner's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Horseshoes: Partner's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Discus

Shot Put

Wii Bowling

Billiards

Croquet

5K Walk

Riflery

Basketball Free Throws

Canasta

Bocce Ball

Shuffleboard

Horse Basketball

Frisbee

Softball Hit & Throw

Bowling: Plus \$5

Mini Golf: Plus \$5

Sponge Ball Tennis (Indoor)

3-on-3 Basketball: Plus \$7

Golf, Captains Choice: Plus \$45

1. \_\_\_\_\_ 4. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_ 5. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_ 6. \_\_\_\_\_

3. \_\_\_\_\_

Catered Lunch Monday, April 25, 2022: Free for Participants – **Must Register**

Guest Catered Lunch: \$15 per person for Guest: Guest Name: \_\_\_\_\_

## Waiver and Release of Liability

### All registrants must sign this form

The staff and volunteers of the New River Valley Senior Games are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her physician regarding preparation for your participation in the New River Valley Senior Games.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Allergies: \_\_\_\_\_

\_\_\_\_\_

Medication(s): \_\_\_\_\_

\_\_\_\_\_

#### Emergency Contacts:

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Telephone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Telephone: \_\_\_\_\_

In consideration of the acceptance of my application for registration in the New River Valley Senior Games, I hereby waive and release for myself, my heirs, executors, and administrators any and all rights and claims for injuries, damages, and/or losses of life, which I may have against the New River Valley Senior Games Steering Committee, its members, supporters, or sponsors arising out of any and all activities connected with the New River Valley Senior Games. I acknowledge and understand the inherent risks involved with participating in the physical activities of the New River Valley Senior Games. By signing this waiver and release, I affirmatively declare and warrant that:

- I am physically healthy and able to participate.
- I have no medical condition that may limit or impair my safe participation in the games.
- I have received my physician's permission, if necessary, to participate.
- I voluntarily assume all foreseeable risk associated with the physical activity involved with the New River Valley Senior Games.

I understand that photographs or videos of me may be taken during the events that my likeness may appear in news coverage, publications, and/or other publicity regarding the New River Valley Senior Olympic-Games.

No compensation will be made by the sponsors, and I give my consent to these conditions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



**Directions to 2022 Senior Games Locations:  
Town of Wytheville Parks and Recreation Department:  
333 Community Blvd.  
Wytheville, VA 24382**

**Wytheville Parks and Recreation  
333 Community Blvd. Wytheville, VA 24382**

From Interstate 81, take exit 73 onto US- 11 SE Main Street, after the second red light continue until you see the Wytheville Community College sign and turn right. Follow drive to top of hill and Community Center is on the left. (Located beside Wytheville College).

**Radford Parks & Recreation Department from Interstate 81  
200 George Street Radford, VA 24141**

Take the Radford University exit 109, drive on Tyler into city limits. When you reach the third stop light make a left turn onto Hammett Avenue. Turn right on Noblin Street, travel three blocks. Make a left turn onto Second Avenue. You will see a yellow and blue sign that says Thomas R. Trigg Recreation Park, make a right turn onto George Street. Follow George Street to the top of the hill.

**Radford Parks & Recreation Department from Radford Memorial Bridge**

Turn right onto Main Street. Turn left onto Walker Street, travel 5 blocks, and turn left onto 6th Street. Turn right at the yield sign onto Park Road. Travel around the round-about and turn on Second Avenue. Travel up the hill until you see a yellow and blue sign on your left that says Thomas R. Trigg Recreation Park, make a left turn onto George Street. Follow George Street to the top of the hill.

**Cox's Putting Range**

**3500 Prices Fork Rd. Blacksburg, VA 24060**

Take the VA-100 N exit, Exit 98 toward Dublin/Pearisburg. Turn left onto VA-100 N/Cleburne Blvd. Merge onto US-11 N toward Radford. Turn left onto VA-114 E/Peppers Ferry Blvd. Continue to follow VA 114E. Turn left onto Prices Fork RD. 3500 Prices Fork Road is on the left. From 460-take the Prices Fork Road. Turn onto Prices Fork RD-VA-112W. Continue to follow Prices Fork Road until you reach Cox's Putting Range on the right.

**NRV Superbowl**

**375 Arbor Dr. NE, Christiansburg, VA 24073**

From Interstate I-81 exit onto 118-A-B-C toward US-11/Christiansburg/US 460 Blacksburg. Merge onto US 460 W Via exit 118 B toward US-11/Christiansburg/Blacksburg. Take the Peppers Ferry RDVA-114 exit 4 B, toward Radford. Turn slight right onto VA-114 S/Peppers Ferry Road NW. Turn right onto Arbor Drive ending at 375 Arbor Drive, Christiansburg.

**Pete Dye River Course at Virginia Tech**

**8400 River Course Dr. Radford, VA 24141**

Take Interstate 81-N to Exit 109. Travel North on Rt. 177 for 4.2 miles to Rt. 11. Turn left and go about a mile and turn Right to stay on Rt. 11 (you will cross the river). Go 1.5 miles and turn right on Rt. 114. Go East for 1.5 miles to Viscoe Rd. Turn Right on Viscoe Rd, travel 1.1 miles. Turn left on River Course Drive and follow to the end of the street.

**Christiansburg Parks & Recreation**

**1600 N. Franklin St. Christiansburg, VA 24073**

Exit 114 toward Christiansburg/Floyd. From North, turn left onto VA-8 NW Main Street, (from South turn right), turn left onto N Franklin Street/Us 460 BR W. End at 1600 N Franklin Street, Christiansburg.

**Kiwanis Park**

**310 Kiwanis Ln SE Christiansburg, VA 24073**

Kiwanis Lane Southeast, Christiansburg, VA 24073 (Located behind Southern States on Roanoke Street).

